



**Burnt
Toast**
**By Virginia
Sole-Smith**

The Gift of Good Email

To: _____

From: _____

Good for a one year subscription to
Burnt Toast By Virginia Sole-Smith.

Burnt Toast is about how we navigate diet culture
and fatphobia, especially through parenting.
(But non-parents like it too!)

It's also about _____.

Look for **Burnt Toast** in your email inbox soon!